

Holistic Aesthetician Katrina Valente to Practise at The St. Regis Maldives

The Dubai-based and internationally recognised beauty and facial consultant offers wide range of treatments at Iridium Spa throughout the month of March.

Abu Dhabi, 01 March 2018: Katrina Valente visits The St. Regis Maldives as a visiting wellness practitioner at the private island resort's multiple award-winning Iridium Spa.

From March 1st until 31st, the spa will offer Katrina's signature facials and anti-ageing treatments which combine the latest medical innovations, 100% organic aroma products and the healing powers of holistic medicine.

Scottish-Italian Katrina Valente is a master practitioner of aromatherapy, reflexology, colour and crystal therapy, reiki and pranic healing. She has spent the last two decades in Dubai providing her holistic beauty treatments with the philosophy that beauty radiates from the inside out.

Guests visiting Iridium Spa can make the most of Katrina's visit by trying out one of her popular facials: Paprika Detox, Eminence Sunburn Treatment, Eminence Organic Facial with Seaweed Collagen Mask, Altarah Bio Colour Facial and Dermapen Mesotherapy.

Those looking to unwind while on holiday with a relaxing massage can opt for the raindrop back and foot massage, colour therapy or clinical lymphatic drainage.

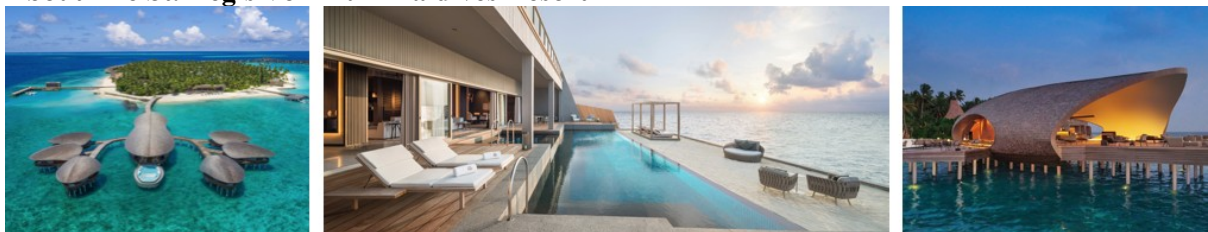
Katrina also offers Shamanic Reiki Healing, a hands-on ancient healing technique that transfers energy to reawaken the self; as well as Spiritual Response Therapy, which harnesses the power of the subconscious to clear negative energy.

Offering the most sought-after restorative wellness practices, The St. Regis Maldives' overwater spa provides the latest personalized services curated by wellness experts. The spa features six private couple treatment suites, a steam room, sauna and the Blue Hole Pool, the Maldives' largest heated seawater hydrotherapy pool.

For more information, please visit www.stregismaldives.com

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About The St. Regis Vommuli Maldives Resort



The [St. Regis Maldives Vommuli Resort](http://www.stregismaldives.com), which opened in November 2016, is nestled on a private island in a secluded Maldivian atoll, amidst thriving marine life. Just 40 minutes from Male by seaplane, guests are transported into a newfound paradise in the Dhaalu Atoll.

The resort draws inspiration from nature itself. Designed by WOW Architects | Warner Wong Design (Singapore), the unusual contemporary design of The St. Regis Maldives draws inspiration from the natural setting of the resort. This is represented by the manta ray shaped lagoon villas, a signature bar in the shape of a whale shark, a lobster-inspired spa and a spiral shell shaped library.



There are six distinct dining venues, including an Asian specialty restaurant, a modern Italian restaurant that features a grand staircase, an underground wine cellar restaurant, a shack style restaurant, a signature overwater bar that rolls out stunning views of dramatic sunset, and a pop-up restaurant in the middle of the resort. Additionally, guests can also enjoy the Iridium Spa, which presents six overwater treatment rooms, including two that are dedicated to healing Ayurvedic treatments. Spa guests can also enjoy a Blue Hole pool, which contains heated seawater with different water jets – a system with proven benefits to the body.

The St. Regis Maldives Resort have received the following awards since opening in November 2016:

Prix Versailles - Continental Special Prize Winner Exterior Hotels Africa and West Asia

World of Fine Wines - World's Best Wine List 2017 - 3 stars

World Travel Awards - Maldives Leading Luxury Island Resort 2017

Indian Ocean's Leading New Luxury Resort 2017

Indian Ocean's Leading Luxury Resort 2017

World Luxury Spa Awards - Best Luxury Boutique Spa Continent Winner

Best Luxury Wellness Spa Regional Winner

Wine Spectator - Restaurant Award Winner - Decanter 2 glass

Haute Grandeur - Best Pool Villa Resort - Indian Ocean

SBID International Design Award - Overall Winner

European Hospitality Awards - International Beach Resort of the Year

World Travel & Spa Awards - World's Leading Luxury New Resort 2017

World's Leading Luxury Island Resort 2017

World's Leading Luxury Resort Design 2017

Maldives' Best Resort Spa 2017

Indian Ocean's Best Resort Spa 2017

World's Best Spa Design 2017